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FOR IMMEDIATE RELEASE - February 27, 2008

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Young at Heart Programs offered aboard Cuyahoga Valley Scenic Railroad

Peninsula, Ohio - Cuyahoga Valley Scenic Railroad (CVSR) announces the start of the 2008 *Young at Heart* Programs to be offered in partnership with Cuyahoga Valley National Park.

On March 2, 2008 visitors are invited to climb aboard the vintage train and enjoy a program titled: **Spring in Bloom**. As winter fades to spring, the trees blossom into vivid shades of green, flowers bloom and new babies are born. Those participating will join Ranger Paul Motts to uncover the beauty of spring in Cuyahoga Valley National Park.

Young at Heart programs are designed for those 55 and over, but everyone is welcome. On March 2, riders can depart the Rockside Station in Independence at 12:25 p.m. or the Akron Northside Station at 2 p.m.

Future *Young at Heart* programs riders can enjoy include: **Civilian Conservation Corps** on April 13, **Railroad Legend and Lore** on May 4, **Summer in the Valley** on June 19, **Traveling through the Valley** on July 17 and **Join the Circus** on August 14.

Tickets are \$10 for anyone 55 and over, \$15 for adults and \$10 for children, ages 3 - 12. Reservations can be made by calling 800.468.4070. More information is available on line at www.cvsr.com.